

RESOURCE 2.11

Sikh Youth Survey 2023

RE Today carried out a survey to find out about what it means to be a Sikh young person in the UK today. Below are the questions we set. Some give space for respondents to write what they think – others are very quick responses, from ‘Agree strongly’ to ‘Disagree strongly’.

Section 1

A little information about you:

Initials:		Gender: M/F/other	
Age:		City/town:	

A. Being Sikh

1. Do you describe yourself as a Sikh? If yes, what makes you a Sikh? If no, how do you describe yourself?

2. Do you see yourself as being part of a Sikh community? Please say which.

3. For you, what is your preferred term for your religion, and why? e.g. Sikhism, Sikhi

4. For you, what are the most important teachings of Sikhi?

5. Which aspects of your life, if any, do your Sikh beliefs have an impact on?

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Sikh Youth Survey 2023 (cont)

B. Your beliefs and practices

6. How often do you pray/worship at home?

Daily		Weekly		Fortnightly		Monthly		Yearly		Never
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7. How often do you visit a place of worship?

Daily		Weekly		Fortnightly		Monthly		Yearly		Never
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8. If you attend a Gurdwara, why do you go?

9. What place does the Guru Granth Sahib have in your life?

10. Who has influenced you most in your religious beliefs and practices? E.g. family, friends, member of Sikh community, national/international figure, an organisation, etc. (Please give details)

11. How often do you use social media platforms (e.g. TikTok, Instagram etc.) to get spiritual advice? Where do you go?

RESOURCE 2.11**Sikh Youth Survey 2023 (cont)****C. Your views on the needs of Sikh young people**

12. What is the hardest thing about growing up Sikh in the UK?

13. What are the advantages and disadvantages, if any, of being a Sikh?

14. What changes would you like to see for Sikhs in Britain?

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Sikh Youth Survey 2023 (cont)

Section 2

Below are a series of statements and a choice of responses.

1	2	3	4	5
Agree strongly	Agree	Not certain	Disagree	Disagree strongly

Please choose ONE response for each statement.

D. Personal Questions

	Agree strongly	Agree	Not certain	Disagree	Disagree strongly
I am religious					
Sikhi is a religion					
Sikhi is a way of life					
Spirituality is important in my life					
I have a close relationship with God					
Knowing about the law of karma helps me to lead a better life					
I believe I am an eternal self					
Reincarnation gives me hope					
I have had deep spiritual/religious experiences					
Being Sikh gives my life a sense of purpose					
I am happy to be Sikh					

E. Practising being Sikh

	Agree strongly	Agree	Not certain	Disagree	Disagree strongly
It is important for me to practise my religious/spiritual beliefs					
Prayer and worship at the gurdwara are important parts of being Sikh					
Serving those in need is an important part of being Sikh					
Working for social justice is an important part of being Sikh					
Seeking to attain <i>mukti</i> (liberation from the cycle of birth and death) is an important part of being Sikh					
In my experience performing <i>sewa</i> has a positive impact					
Sikhs are portrayed positively in the media					
Sikhi is presented accurately and authentically in RE lessons					

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F. Relationships and friendships

	Agree strongly	Agree	Not certain	Disagree	Disagree strongly
I prefer to have friends from a similar religious/cultural background					
Having friends with other religious and non-religious worldviews is important to me					
It will be important for me to have a Sikh life-partner					
I would follow my religion even if I had a non-Sikh life-partner					
It would be important for me to have a Sikh marriage ceremony					
I would have an arranged marriage					
I do not think it is wrong to have sex before marriage					
Sikh women and men have equal status in my family					

G. Responding to moral issues

	Agree strongly	Agree	Not certain	Disagree	Disagree strongly
I think being LGBTQ+ is acceptable					
Using contraceptives is okay					
Abortion is acceptable and does not conflict with my religious beliefs					
Euthanasia is acceptable and does not conflict with my religious beliefs					
I am optimistic that humans will solve the climate crisis					
I think that Sikhs should be vegan					
I think that Sikhs should not support war					
I think it is totally wrong to have nuclear weapons					
I think that AI will be a positive technology					
I think that this country should welcome refugees					